Family-guided Approaches to Collaborative Early-intervention Training and Services

Suggested Steps for Getting Started in Routines Based Intervention

Plan for Success

- Start small.
  ~ Identify a family who is comfortable with change and willing to try new things.
  ~ Have them pick one routine, and embed the child’s current outcomes.
  OR
  ~ Identify a new outcome appropriate for a family-preferred routine or activity.
  ~ Observe careprovider’s typical sequence and strategies for the routine.

Share Information with Careproviders

- Watch “Family-guided Activity Based Intervention for Infants and Toddlers” video with family.
- Talk about the skills the child is working on in an activity with the careprovider.
- Provide written illustrations

Practice Together

- Share ideas.
- Identify expectations.

Problem solve - “What could go wrong?”

- Jot a few notes as points to remember.
- Plan next visit

Evaluate

- Discuss what went well.
- Identify concerns.
- Explore possible solutions for any problems that arose.
- Practice and revise plan, as needed.

Celebrate